

A n e s t h e s i a S i d e E f f e c t s : T o m



N O T E :

I've selected this case study because Tom's two sessions highlight the subtlety of the work as well as the challenge of connecting the outcome with the energetic treatment.

T H E D E T A I L S :

Tom saw me about nine months after having surgery to correct a deviated septum and to repair his sinuses. He had been experiencing repeated sinus infections due to the deviated septum and had undergone nasal surgery to take care of that problem. Unfortunately, he was not recovering well from the anesthesia. Because he was visiting from another state, I was only able to give him one treatment at that time. His primary complaint was that he just had not felt like himself since the surgery. His nose and chronic sinus infections had resolved so that he was symptom-free, but he still didn't feel "right." This had been going on for nine months and it was a great concern to him. His symptoms were that he had less energy, got fatigued much more easily, and just felt generally out of kilter, out of alignment, out of sorts. These are some of the classic indicators of a central nervous system and/or an energetic system that are struggling with the side effects from general anesthesia. It's very common for energetic and nervous systems to go into a state of shock from anesthesia. In one session we managed to clear a large percentage of these side effects from Tom's nervous and energetic systems. During the session he said, "Oh, I'm starting to feel like myself again. I wonder where I've been."

I did have the opportunity to do a follow-up session about six weeks later. At that time we were able to clean up the last bits of shock in both his central nervous and energetic systems. He has responded beautifully to the treatment; he's back to his old self and is able to function as Tom normally functions.

Doug had a very unassuming, easy style. We chatted for a while about my problem and then moved to the table. He used a very light touch and suggested, at various points throughout the session, that I try shifting my energy in specific ways. At the time I didn't realize that anything was happening; all the action took place beneath the level of my conscious mind. I left the session feeling happy, but I was unsure what had actually happened. However, I did feel better each and every day after the session.

Unlike chiropractic, physical therapy, or massage therapy, where it's obvious what's happening to you, Doug's work is remarkably subtle; it's not immediately clear that anything actually was changing. However, I wasn't getting any other kind of work at this time, so it was clear to me that my amazing results were from just two sessions with Doug. For the first time in more than two years I had a dramatic increase in energy, focus, and mental clarity.

Looking back, I now realize that there was a barrier of some sort between me and my energy or life force. This was caused by the pain of my condition over the preceding two years, by a full year of heavy antibiotic treatments, and by the actual surgery and anesthesia. This disconnect between my conscious mind and my energy was so complete that I had

totally forgotten that my energy even existed. Even worse, I forgot that I could control my own life force and that I used to really enjoy using it at work, at play, and with my family.

In one session Doug managed to part the veil and show me that my energy was still there. My life force wasn't lost or damaged; I just wasn't connected to it any more. For nine months after the surgery, I had been completely wiped out; I'm talking complete flatline on the monitor. Doug was the catalyst that restarted my connection to an essential part of myself. Somehow he used his energy, his hands, and his words to remind me of my own energy and to begin the process of reconnection.

It took a long time to complete this process. I kept changing during the six weeks between sessions, but it was only several weeks after the second session with Doug that I finally felt completely like me. I was whole again. The full Tom was back!! [It's a good thing too. I run a 270 million dollar company. Once I finally had my energy back, I was able to start an extraordinarily difficult business project that required every single bit of my concentration and focus. I never could have successfully completed it without having my energy back working with me.]

F I N A L N O T E :

It's not common for someone to get such dramatic results in just two sessions, but it does happen. In this case, Tom's determination to heal and his overall excellent health and vitality (except for his sinuses) helped him have such a speedy recovery. I would have preferred to see Tom for several weeks in a row, but this was not possible because he lives in another state. So, we had to make do with just two sessions; in this instance, it worked out very well!

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